

Research Based on English and American Literature Humanities Accomplishment of the College Students'

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Abstract: Literature is the manifestation of the human spiritual world, and classic literature is the “essence” left by the historical sieve. Reading is often referred to as “a kind of dialogue and gaze.” The ancients once said that “the book has its own gold house”, and literature reading can cultivate people's sentiments. In the current era, literary reading is closely related to the humanistic quality of college students. The reading and appreciation of English and American literature can promote the comprehensive cultivation and development of college students' humanities literacy.

1. Introduction

Under the background of the current emphasis on humanistic literacy, higher vocational education has also shifted from paying too much attention to the cultivation of students' technical ability to balancing the cultivation of students' humanities. “The Old Man and the Sea” can teach students not to give up in adversity. “Pride and Prejudice” allows students to abandon preconceived prejudice. “Jane. Love” allows students to see women's independence. Literature such as Chun Yu can dispel people's worries; literature such as swords can break all narrows; literature is more like a wise person, able to guide people's direction.

2. The Urgency of the Cultivation of College Students' Humanity Quality

(1) The trend of education and teaching of heavy technology and light humanities

Higher vocational college education has long existed and the characteristics of “heavy technology and light humanities”, because the attributes and teaching tasks of higher vocational colleges are to train technical talents for the development of national industrial technology, which leads to the design and professionalism of the teaching system. In terms of arrangement, most of them pay attention to the cultivation of students' professional and technical skills. Under this background, higher vocational college education will have major problems in the classroom atmosphere of humanities and social sciences such as English and Chinese, and the enthusiasm of classroom participation. It is difficult to implement humanistic quality education. The long-term education mode of “heavy technology and light humanity” is easy to lead students to focus on the study of professional skills and influence the construction of students' correct values and right and wrong.

(2) The impact of Internet development

It is undeniable that the development of the Internet+ era has completely changed people's lives and learning, the increasingly convenient information dissemination, and the changes in payment methods have impacted people's traditional cognition and habits. However, the development of the Internet has also made it difficult for students to concentrate and the reading habits have become increasingly fragmented. Many students have not calmed down to finish a book after entering school.

Reading makes people wise, and many celebrities believe that people cannot have no books for a day. The long-term concentration on Weibo and WeChat and other social platforms not only occupies a large amount of reading time for students, but also affects their concentration, leading to their abandonment or inability to read a complete literary work, affecting the literary works. The

role of human guidance.

(3) Transformation of the world situation

The changing world situation today, whether it is cultural invasion or international speech, can be spread through the Internet. If college students do not form a good humanistic quality, it is difficult to make correct choices and increase the danger of ideological level in the face of international misconceptions.

In the current international competition, the use of cultural input will be used to infiltrate the values, so that people can't prevent them. As a technical talent for future national development, students in higher vocational colleges not only need to have solid professional skills, but also need to have firm ideals and beliefs to be able to “glow and heat” in national industrial construction and development, and realize their own life value and ideals. The cultivation of humanistic literacy is very urgent in the context of the changing world situation.

3. The Application of English and American Literature in the Cultivation of College Students' Humanities Quality

(1) Establishing the correct teaching view of higher vocational colleges

To promote the application of British and American literature in the cultivation of college students' humanities quality, we must first establish a correct teaching concept and attach importance to the education of English and American literature. Because this is the only way to effectively reverse the teaching environment of high-tech and light humanities in higher vocational colleges. Paying attention to the teaching of English and American literature education, on the one hand, it is necessary to dig deep into the content of the textbooks, to start from the content of the text, to carry out predictive reading and to guide the reading of the questions, and to learn the grammar of the words, and to understand the author's writing intention and the thoughts and emotions contained therein. Master certain reading skills in English and American literature and cultivate students' humanistic qualities.

On the other hand, attaching importance to the teaching of English and American literature education, we should also actively promote extracurricular reading, that is, based on text reading, teachers can recommend students to use the spare time to read literary works of the same type or the same author. In this way, not only can students understand the characteristics of literary writing in an era or genre, but also appreciate the influence of different historical and cultural backgrounds on literary creation, and more deeply understand the author's thoughts and emotions, and also allow students to pass the literature created by the authors in different periods. The work, the impact of the author's life experience on the creation of the work, better grasp the author's mental journey. Paying attention to the teaching of English and American literature education requires teachers to do the corresponding statistical summary work, and can select high-quality and highly-directed literary works from different schools and authors. For example, “Red Letter” and “Song of Innocence” in Romantic Literature.

(2) Promoting the reading of British and American literature reading associations and associations, and enhancing humanistic literacy accumulation

It is also an effective way to improve the humanities quality of college students by letting the British and American Literature Reading Association and the community replace the unconscious brushing of Weibo and brushing friends. The establishment of the Anglo-American Literature Reading Association can enhance the accumulation of humanistic qualities of college students, and encourage them to transfer the time of brushing Weibo and friends to literary works to help them realize that literary literacy and humanistic literacy are the “wealth” integrated into the bones. And temperament is the “wealth” that can be discovered without showing off.

Students can choose the theme selected by the reading club, which can be romanticism, critical realism and other literary genres, or Hemingway or Bronte sisters' literary works, and then use the week to understand and learn the history and background of the creation. Choose your favorite literary books for discussion and sharing. Through different collisions of thoughts, students' interest and enthusiasm in English and American literature can be further stimulated. Similarly, in order to

have something to say at the book club, many students will take the initiative to put down their mobile phones and other electronic products, and concentrate on reading English and American literary works, which will greatly enhance the students' attention in English and American literature reading. The humanistic qualities of the students.

The establishment of the Anglo-American literary society is more free in form and content. It can be a debate society, a drama club, or a literary creation agency. Taking the establishment of the drama club as an example, teachers can encourage students to use their spare time to rehearse the drama and reproduce the classic bridges and scenes in classic English and American literature.

The arrangement of dramas often takes a long time, and it also enables students to understand the character characteristics of literary characters more deeply, to understand the thoughts and emotions that the author wants to express, and to increase the depth of reading in English and American literature. For example, in the drama arrangement of *Pride and Prejudice*, students not only need to read this book carefully, but also need to go to the characters of *Mrs. Bennet* and *Elizabeth*. Compared with the teacher directly telling students that the main purpose of “*Pride and Prejudice*” is to “eliminate prejudice”, let students discover and explore themselves, and promote the cultivation of students' values and the cultivation of humanistic qualities.

(3) Appropriation of Value Education into English and American Literature

Appreciation of English and American literature requires the appreciation of beautiful passages. It is necessary to analyze the rhetorical techniques used by the authors, but it is more important to infiltrate the values education in the appreciation of English and American literature to help students improve their humanities. The character and behavior of the characters in British and American literary works reveal the author's values, and even the narrative style and technique also have a strong author's personal emotional color. Therefore, in the appreciation of English and American literature, teachers should guide students to establish critical thinking, and appreciate the author's values and emotional expressions from the core values of socialism. For example, in appreciating *The Old Man and the Sea*, we need to affirm the spirit of the struggle between the old and the destiny, but we must also see the individual heroism behind it, and look at this literary work from a critical perspective. In this way, teachers help them develop critical thinking based on helping them establish correct values and help them make the right choices in later life or career development.

4. Summary

Literature has an important influence on the cultivation of humanistic qualities, literature itself is a reflection and record of an era, which also contains the values of the author. Reading is a kind of gaze and dialogue, through the reading of English and American literature, you can see the social scenes of that era, and you can listen to the teachings of literary authors, also the education and teaching of higher vocational colleges has its particularity and it pays more attention to the training of technology, which largely ignores the cultivation of humanistic qualities, this kind of education and teaching method is obviously wrong because the invention and popularization of mobile phones and mobile software have greatly affected students' concentration, making it difficult for them to take reading a particular book serious. To seriously. Promote the reading of British and American literature reading clubs and associations, create a good atmosphere for humanistic teaching, and attach importance to the value-infiltration teaching which can help the students establish critical thinking under the guidance of socialist core values and enhance the humanities quality of college students and under the condition of changing the world situation, it is the general trend to focus on promoting the cultivation of humanities quality of college students in higher vocational colleges and making good use of the teaching of English and American literature.

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